



Mastering Sport Symposium 2018
Performance, Nutrition and Injury Considerations
for Older Athletes

DR. LUKE DELVECCHIO

Head of Sports Science – Australian Combat and Exercise Exercise Physiologist, Sport Scientist and Diabetes Educator

Luke Delvecchio is one of a select few level 2 accredited sports scientists in Australia and develops programs to enhance human performance.

An experienced educator, researcher and a specialist in human performance, Luke has been working as an exercise physiologist and diabetes educator with the Primary Health Care Network's Close the Gap, CCSS Aboriginal and Torres Strait Islander chronic disease program at both Rockhampton and Woorabinda for the past 18 months.

Luke is a highly skilled career professional with over 5 years practical experience in corporate health, primary care and occupational rehabilitation environments.

He is a well-established and experienced Exercise Physiologist who helps enhance people's well-being through rehabilitation using the delivery of clinical exercises and lifestyle programs.

A highly competent and experienced corporate health and wellness exercise physiologist, Luke has conducted over 100 Workplace Health and wellbeing presentations for various multinational organisations around Australia.

Luke is currently doing his PhD in Exercise Science.

Credentials & Education

- Level 2 Accredited Sport Scientist – Exercise and Sports Science Australia (ESSA)
- Accredited Exercise Physiologist – Exercise and Sports Science Australia (ESSA)
- Diabetes Nurse Educator
- Accredited Massage Therapist – Australian Association of Massage Therapy (AAMT)
- Registered Nutritionist – Nutrition Society Australia (NSA)
- Level 2 Strength & Conditioning Coach – ASCA



Qualifications

- PhD Candidate
- MSc. (Exercise Science)
- Post Grad. Dip (Exercise Rehabilitation)
- Post Grad.Cert (Diabetes Education & Management)
- BSc. (Exercise Science & Nutrition)
- Diploma (Fitness)
- Diploma of Exercise Therapy – Fitness Institute Australia
- Certificate IV in Workplace Training and Assessment
- Certificate IV in Sports Massage Fitness Institute Australia